



Hanover BREAKFAST MENU

What is a Meal?
You must choose at least 3 of the 4 components available for the school breakfast price.
Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast
Choice of: Grain or grain/protein and Fruit
Choice of Milk - 1% white, and fat-free white & chocolate

Daily Fruit Selection May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Monday

5

Assorted Muffins

Juice

Choice of Milk

Tuesday

6

Whole Grain

Donuts

Juice

Choice of Milk

Wednesday

7

Banana Bread

Juice

Choice of Milk

Thursday

8

Assorted Pop Tart

Graham Cracker

Juice

Choice of Milk

Friday

9

12

13

Whole Grain

Donuts

Juice

Choice of Milk

14

Banana Bread

Juice

Choice of Milk

15

Assorted Pop Tart

Graham Cracker

Juice

Choice of Milk

16

20

Breakfast Cereal Bar

Graham Crackers

Juice

Choice of Milk

21

Blueberry Bread

Juice

Choice of Milk

22

Assorted Muffins

Juice

Choice of Milk

23

Whole Grain

Donuts

Juice

Choice of Milk

24

26

Breakfast Cereal Bar

Graham Crackers

Juice

Choice of Milk

27

Blueberry Bread

Juice

Choice of Milk

28

Assorted Muffins

Juice

Choice of Milk

29

Whole Grain

Donuts

Juice

Choice of Milk

30

Adult Breakfast \$1.85

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